

Prenatal Testing

Mom's Blood Type: _____

Dad's Blood Type: _____

Antibody Screen: _____

Dad's Genotype: _____

General Testing

Date					
Hemoglobin					
Hematocrit					

Titers, PSV, MoM

Date									
PSV									
MoM									
Titer									
Titer									
Titer									

MCA Chart

Gestational Age	Median (1.0)	1.5 MoM	Gestational Age	Median (1.0)	1.5 MoM
14	19.3	28.9	28	36.9	55.4
15	20.2	30.3	29	38.7	58.0
16	21.1	31.7	30	40.5	60.7
17	22.1	33.2	31	42.4	63.6
18	23.2	34.8	32	44.4	66.6
19	24.3	36.5	33	46.5	69.8
20	25.5	38.2	34	48.7	73.1
21	26.7	40.0	35	51.1	76.6
22	27.9	41.9	36	53.5	80.2
23	29.3	43.9	37	56.0	84.0
24	30.7	46.0	38	58.7	88.0
25	32.1	48.2	39	61.5	92.2
26	33.6	50.4	40	64.4	96.6
27	35.2	52.8	Modified from G Marie et al. N Engl J Med 2000: 342: 9-14		

Baby Is Here

Birth Date: _____ Time: _____ Gestational Age: _____

Weight: _____ Blood Type: _____ Direct Coomb's: _____

Date									
Hemoglobin									
Hematocrit									
Retic									
Bilirubin (total)									
Neutrophils									
Platelets									

Date									
Hemoglobin									
Hematocrit									
Retic									
Bilirubin (total)									
Neutrophils									
Platelets									

Date									
Bilirubin									

Notes:

Medical Alert Card

Iso Affects You (Even If You're Not Pregnant)! Get a Medical Alert Card - Here's why.

Since it seems to come up a lot, I'm covering the medical alert card and its importance again. Our antibodies don't just affect our babies, they affect us too. The same antibodies that destroy baby's blood cells because they've got the antigen, will also destroy donor blood cells. If you get injured, end up unconscious, or have some other emergency situation and need blood, it's important for the doctors to know about your antibodies so they can find compatible blood. Once you have antibodies, you will have them for life. Your body will always remember how to make them quickly if it ever finds incompatible blood. Even if your antibodies are too low to titer or undetectable, the medical personnel need to know about them. If they don't a hemolytic transfusion reaction occurs (more info about that below). About 20 people die in the USA each year because of them. 5 minutes to fill out a free medical alert card, or order a bracelet can literally save your life.

Below is a free medical alert card. Fill in the info, print it, fold it in half and put it in your wallet. Make sure the top line, "Emergency Medical Alert", is visible. Bonus if you can laminate it. Put "Transfusion Alert: Anti-E antibodies" or whatever your antibody is right where it says "Transfusion Alert".

EMERGENCY MEDICAL ALERT	EMERGENCY MEDICAL ALERT
Name:	Blood Type:
Address:	Transfusion Alert:
Phone:	Existing Conditions:
Birthdate:	
Contact 1:	Allergies:
Phone:	
Contact 2:	Doctor:
Phone:	Phone: