

## Medical Alert Card

Iso Affects You (Even If You're Not Pregnant)! Get a Medical Alert Card - Here's why.

Since it seems to come up a lot, I'm covering the medical alert card and it's importance again. Our antibodies don't just affect our babies, they affect us too. The same antibodies that destroy baby's blood cells because they've got the antigen, will also destroy donor blood cells. If you get injured, end up unconscious, or have some other emergency situation and need blood, it's important for the doctors to know about your antibodies so they can find compatible blood. Once you have antibodies, you will have them for life. Your body will always remember how to make them quickly if it ever finds incompatible blood. Even if your antibodies are too low to titer or undetectable, the medical personnel need to know about them. If they don't a hemolytic transfusion reaction occurs (more info about that below). About 20 people die in the USA each year because of them. 5 minutes to fill out a free medical alert card, or order a bracelet can literally save your life.

Below is a free medical alert card. Fill in the info, print it, fold it in half and put it in your wallet. Make sure the top line, "Emergency Medical Alert", is visible. Bonus if you can laminate it. Put "Transfusion Alert: Anti-E antibodies" or whatever your antibody is right where it says "Transfusion Alert".

<b>EMERGENCY MEDICAL ALERT</b>	<b>EMERGENCY MEDICAL ALERT</b>
Name:	Blood Type:
Address:	<b>Transfusion Alert:</b>
Phone:	Existing Conditions:
Birthdate:	
Contact 1:	Allergies:
Phone:	
Contact 2:	Doctor:
Phone:	Phone: